

Clinical Supervision



Instructor:

Heidi A. Zetzer, Ph.D.

Instructor Information:

Dr. Heidi A. Zetzer (she/her/hers) earned her Ph.D. in Counseling Psychology from the University of California, Santa Barbara. She is also a teaching professor and the Director of the Carol Ackerman Positive Psychology Clinic in the Department of Counseling, Clinical, & School Psychology at the University of California, Santa Barbara.

Course Description:

The purpose of this workshop is to build on supervisors' existing strengths and increase the supervisory competence and confidence of supervising clinicians in behavioral health service settings. Five topic areas will be addressed: 1) California law/ethics related to supervision, 2) a pan-theoretical framework for supervision, 3) Cultural competence and humility in supervision, 4) Identifying and responding to parallel and isomorphic processes, and 5) Using client feedback in supervision. The workshop will consist of a blend of didactics and experiential activities. Active participation is encouraged but not required.

Date: Wednesday, December 15, 2021

Time: 8:30am-4:00pm

Location: Virtual training-link will be sent to registrants

(Participants will be notified if this training can be held in person at the Rustin Conference Center)

RUHS-BH Staff - Please register for this course via COR at <http://corlearning.rc-hr.com>

All other interested partners, please visit www.rcdmh.org/wet

Free to all registered participants

Continuing Education Credits: This course meets the qualifications for **6** continuing education units/credits/hours. Please see the brochure for additional information.

Clinical Supervision

December 15, 2021

8:30am – 4:00pm

Course Description: The purpose of this workshop is to build on supervisors' existing strengths and increase the supervisory competence and confidence of supervising clinicians in behavioral health service settings. Five topic areas will be addressed: 1) California laws of law/ethics related to supervision, 2) a pan-theoretical framework for supervision, 3) Cultural competence and humility in supervision, 4) Identifying and responding to parallel and isomorphic processes, and 5) Using client feedback in supervision. The workshop will consist of a blend of didactics and experiential activities. Active participation is encouraged but not required.

Instructor Information: Dr. Heidi A. Zetzer (she/her/hers) is a licensed psychologist, teaching professor, and the Director of the Carol Ackerman Positive Psychology Clinic in the Department of Counseling, Clinical, & School Psychology at the University of California, Santa Barbara. She is the former director of the department's psychology training clinic (2006-2020). Dr. Zetzer teaches Basic Practicum, Theories of Supervision & Consultation, and Supervision Practicum as well as positive psychology courses. Dr. Zetzer was an instructor with the Southern California Regional Partnership (SCRIP) and the Center for Professional Advanced Education at the University of Redlands (2019-2020). She provided instruction and group facilitation for Fundamentals of Competency-Based Supervision which consisted of 18, two-hour classes over a 9-month period with Master's Level Licensed Mental Health Clinical Supervisors from Southern California Behavioral Health Units. She has taught doctoral level supervision courses and provided supervision of supervision to trainees for 15 years, as well as provided 6-hour workshops on multicultural clinical supervision to a wide range of licensed mental health professionals including psychologists, MFTs, and LCSW's. Dr. Zetzer has published articles and provided scholarly presentations on parallel process, client feedback, and competencies in clinical supervision.

Audience: RUHS-BH Clinical Therapists and other staff providing or preparing to provide, clinical supervision including LMFTs, LCSWs, and LPCCs,
Level of training:

Intermediate - applicable to audience with working knowledge of topic

Seat #: 50

Location: Virtual training-link will be sent to registrants
(Participants will be notified if this training can be held in person at the Rustin Conference Center)

If you need a reasonable accommodation/alternative format for this training event, please contact the Rustin Conference Center at (951) 955-7270 at least fourteen days (14) prior to the course date.

Educational Goals:

1. Increase supervisors' knowledge of competency-based clinical supervision
2. Enhance supervisors' capacity for building culturally-attuned supervisory relationships
3. Increase supervisors' repertoire of supervisory skills, especially those related to the identification and resolution of parallel/isomorphic processes.

Learning Objectives:

1. Identify three (3) supervision competencies
2. State the differences among associates who are at Stage I, II, and III of the Integrated Developmental Model (IDM)
3. Identify three (3) legal and/or ethical issues central to the supervision of associates
4. Describe the Integrated Developmental Model (Stoltenberg & McNeil, 2010), a pan-theoretical model of clinical supervision
5. Define cultural humility in the context of clinical supervision
6. Define parallel process and provide an example
7. Name two (2) benefits of using patient/client feedback in clinical supervision

Course outline:

Time:	Topic/Content
8:30am-9:30am	Introduction <ul style="list-style-type: none"> • Presenter and participants • Reflection on your Supervision Practice I • Agenda for day • Supervision competencies • Attending to social location cultural context while building multicultural supervisory relationships <ul style="list-style-type: none"> ○ Why the supervisory relationship is so important? • What is deliberate practice?
9:30am-10:30am	Legal & Ethical Issues in Supervision <ul style="list-style-type: none"> • Direct & Vicarious Liability • Requirements for supervising MFTs, LCSWs, LPCCs • Perils and pitfalls in supervising trainees <ul style="list-style-type: none"> ○ Informed Consent ○ Confidentiality, Documentation, & HIPAA ○ Boundary Crossings & Violations
10:30am-10:45am	<i>Break (non CE time)</i>
10:45am-11:45am	Cultural competence, cultural humility, and lifelong learning in clinical supervision <ul style="list-style-type: none"> • Definitions • Skills • Practice
11:45am-12:45pm	<i>Lunch (non CE time)</i>
12:45pm-1:45pm	Countertransference, Parallel and Isomorphic Processes

	<ul style="list-style-type: none"> • What is the difference across these constructs? • How to identify parallel process/isomorphism • How to respond when you suspect parallel process
1:45pm-2:45pm	Using Client Feedback in Clinical Supervision <ul style="list-style-type: none"> • Sources of feedback • Training supervisees to invite it and use it • How to use it in supervision (case example)
2:45pm-3:00pm	Break (non CE time)
3:00pm-4:00pm	Putting It All Together! <ul style="list-style-type: none"> • Case vignettes from presenter or participants • Reflection on Your Supervision Practice II • Takeaways • Workshop evaluation

This course meets the qualifications for 6 continuing education units/credits/hours.

Continuing Education: Course meets the qualifications for **6** hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Riverside University Health System-Behavioral Health is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and/or LEPs. Riverside University Health System-Behavioral Health maintains responsibility for this program/course and its content.

CAMFT approved continuing education provider number: 1000060

Provider approved by the California Board of Registered Nursing, Provider # CEP17400 for 6 Contact Hours.

Provider approved by CCAPP-EI, Provider Number 1N-98-402-1221 for 6 CEH'S.

Mailing address: Riverside University Health System-Behavioral Health (RUHS-BH), Workforce Education and Training (WET), 2085 Rustin Ave., Riverside, CA 92507.

Requesting Continuing Education: Participants interested in receiving continuing education credit or a certificate of participation should contact Manuel Pondivida via email at MPondivida@ruhealth.org. Please include the following information in your email request: full name, title of training, and certification or license number. For in-person courses, certificates will be issued immediately after the completion of the course. For distance learning courses, certificates will be issued via email or by mail within five (5) business days after the completion of the course and receipt of required documentation.

Attendance Policy: Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. **There is no partial credit issued.**

Enrollment/Registration Policy: RUHS-BH Staff should register for this course via COR Learning Management System (<http://corlearning.rc-hr.com/>). The enrollment deadline is three (3) calendar days prior to the course start date (excluding holidays and weekends). All other interested partners, please visit www.rcdmh.org/wet.

Cancellation and Refund Policy: Registration must be cancelled on or before three (3) calendar days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

Grievances: Please contact training coordinator Taide Arias at TArias@ruhealth.org or 951-955-7265 for questions or concerns about this activity or facilities, or to request a copy of our grievance policy and procedures. Riverside University Health System-Behavioral Health follows all applicable local, state, and federal standards, including the Americans with Disabilities Act of 1990 (ADA), 42 U.S.C. §§ 12101-12213 (2008).